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**Menu**

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| **Monday**  | **Tuesday**  | **Wednesday**  | **Thursday**  | **Friday**  | **Alternative lunch** |
| Breakfast: PorridgeVariety of cereals Water / milk | Breakfast: Cornflakes, rice krispies, Weetabixwater | Breakfast:Toast with variety of spread, milk /Water / warm chocolate | Breakfast:Toast, scrambled egg, milk/ water | Breakfast: Cornflakes, risrice krispies, Weetabixwater | Salmon fish with spaghetti / mixed vegetable |
| Snack:AppleBanana Pineapple Melon PearSatsuma  | Cucumber,CarrotsApplePineapple Melon Pear | Cucumber,CarrotsApplePineapple Melon PearBreadstick | Cucumber,CarrotsApplePineapple Melon PearWater /  | Cucumber,CarrotsApplePineapple Melon PearStrawberryWater / milk | Cucumber,CarrotsApplePineapple Melon PearBreadstick Water / milk |
| Lunch: Lamb bolognese and spaghetti Sliced carrots | Jacket potato with tuna, carrot baked beans  | Chicken and vegetable stew withrice | Tuna pasta sweet corn with cheese | Battered fishSliced potatoes Peas | Jollof rice with chicken / spinach / peas.  |
| Pudding:Choco ice or Choco wafers Water  | Pudding:Yogurt Water  | Pudding:Fruits saladWater  | Pudding:MelonWater  | PuddingCupcake Water  | Yam with scrambled egg and beans. Option of mixed vegetable |
| Tea:Beans on toastWater and /or milk | Tea:Sandwich:Cheese, chicken or spreadWater / milk | Tea:Spaghetti hoops and pitta bread Water / milk | Tea:Pitta bread sandwich: Jam, butter, cheese or tuna.Water /milk. | Tea:Bread with jam or butter and worm milk. | Pizza with wings and vegetable |