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**Menu**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Alternative lunch** |
| Breakfast:  Porridge  Variety of cereals Water / milk | Breakfast: Cornflakes, rice krispies, Weetabix  water | Breakfast:  Toast with variety of spread, milk /  Water / warm chocolate | Breakfast:  Toast, scrambled egg, milk/ water | Breakfast: Cornflakes, ris  rice krispies, Weetabix  water | Salmon fish with spaghetti / mixed vegetable |
| Snack:  Apple  Banana Pineapple Melon Pear  Satsuma | Cucumber,  Carrots  Apple  Pineapple  Melon  Pear | Cucumber,  Carrots  Apple  Pineapple  Melon  Pear  Breadstick | Cucumber,  Carrots  Apple  Pineapple  Melon  Pear  Water / | Cucumber,  Carrots  Apple  Pineapple  Melon  Pear  Strawberry  Water / milk | Cucumber,  Carrots  Apple  Pineapple  Melon  Pear  Breadstick  Water / milk |
| Lunch:  Lamb bolognese and spaghetti  Sliced carrots | Jacket potato with tuna, carrot baked beans | Chicken and vegetable stew with  rice | Tuna pasta sweet corn with cheese | Battered fish  Sliced potatoes  Peas | Jollof rice with chicken / spinach / peas. |
| Pudding:  Choco ice or Choco wafers  Water | Pudding:  Yogurt  Water | Pudding:  Fruits salad  Water | Pudding:  Melon  Water | Pudding  Cupcake  Water | Yam with scrambled egg and beans. Option of mixed vegetable |
| Tea:  Beans on toast  Water and /or milk | Tea:  Sandwich:  Cheese, chicken or spread  Water / milk | Tea:  Spaghetti hoops and pitta bread  Water / milk | Tea:  Pitta bread sandwich:  Jam, butter, cheese or tuna.  Water /milk. | Tea:  Bread with jam or butter and worm milk. | Pizza with wings and vegetable |